

RESOURCE LIST

Hopeline

Over the phone crisis counseling and suicide intervention
24 Hour Crisis Line: (919) 231-4525

Holly Hill Hospital

Emergency mental health services
Telephone: (919) 250-7000 (24 hours)

UNC Crisis and Assessment (young children)

Emergency mental health services (located in Chapel Hill)
The crisis service number is (919) 966-4131
To obtain an appointment, call (919) 966-5217

UNC Crisis and Assessment at WakeBrook

Emergency mental health services (located in Raleigh)
Emergency Number: (984) 974-4830 (24 hours)

Strategic Behavioral Center (ages 12-17)

Emergency mental health services
Emergency Number: (919) 800-4400 (24 hours)

National Suicide Hotline (24 hours)

1-800-SUICIDE

Lifeline (24 hours) 1-800-273-8255

Alliance Behavioral Health

Mental Health options
Number: (919) 651-8500 (8:30-5:15 M-F)

After Hours:

Therapeutic Alternatives, Inc.

Mobile Crisis Service for adults and children
24 hour Crisis Line;
Phone: 1-877-626-1772
Mobile Unit 919-799-0701

American Association of Suicidology:

www.suicidology.org

American Foundation for Suicide

Prevention: www.afsp.org